

The Coche Center, LLC: Order Form

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- Your Best Life: Pathways to Happiness. Dr. Judith Coche, Optimal Life Press, 2013. This commemorative collection of brief essays was organized from Dr. Coche's newspaper columns, written for the Cape May County Herald (www.capemayherald.com). It incorporates principals of positive psychology to help you live your best life. (\$15 plus \$5 handling charge)
- Couples Group Psychotherapy DVD with Drs Erich and Judith Coche. Direct order from The Coche Center (\$25.00+ \$5.00 shipping)
- Workbook series. Direct order from The Coche Center (1 book is \$25.00, any three are \$65.00 for both electronic and paper versions. Paper versions also cost \$5.00per book to ship)
 - The Communication Workbook (paper or electronic)
 - Making Sense out of Dollars: Financial Coaching for Couples (paper or electronic)
 - Skillful Loving: Sexuality and Intimacy for Couples (paper or electronic)
 - The Therapy Dog Workbook: _ (paper or electronic)
 - Coupling Skills for Successful Single Adults (paper or electronic)